

RACE CAR SAFETY

FLIPS & FULL CONTAINMENT SEATS



Presented by Heath Racing 6R

FLIP SAFETY

IN RACING THERE ARE INHERENT RISKS THAT WE AS DRIVERS ALL TAKE, AND FLIPPING HAPPENS TO BE ONE OF THOSE RISKS. ANY ACCIDENT GOING 70 + MPH HURTS, BUT THE IMPACT OF FLIPPING A 2,400 LBS MACHINE DOWN THE BACK STRETCH CAN HAVE THE MOST SERIOUS IMPACTS. NOT HAVING THE CORRECT SAFETY EQUIPMENT CAN SERIOUSLY PUT YOURSELF IN DANGER. SFI CERTIFIED HELMETS, HANS DEVICES, FULL CONTAINMENT SEATS, AND SEAT BELTS SHOULD ALWAYS BE UTILIZED AT ALL TIMES.



FULL CONTAINMENT SEATS

IN LIGHT OF THE LOU TORRES (00) FLIP THIS PAST FRIDAY, WE THOUGHT WE WOULD TAKE A MINUTE TO TALK ABOUT FULL CONTAINMENT SEATS. IN ANY CRASH SITUATION YOUR BODY WILL GO THROUGH EXTREME FORCES AND MOVEMENTS. FULL CONTAINMENT SEATS KEEP YOUR ARMS, LEGS, AND MOST IMPORTANTLY YOUR HEAD FROM MOVING AROUND IN ANY IMPACT SITUATION. IN A FLIP SITUATION FULL CONTAINMENT SEATS PROVIDE THE BEST PROTECTION



SAFETY ALWAYS

- ALWAYS BE SURE TO BE USING UP TO DATE, AND PROPERLY FUNCTIONING SAFETY EQUIPMENT.
- INSPECT SAFETY EQUIPMENT WEEKLY FOR CRACKS, LOOSE PARTS, AND DAMAGE
- INSURE SEATS, HELMETS , AND HANS DEVICES ARE PROPERLY FITTED TO YOU AS A DRIVER, THIS MAKES ALL THE DIFFERENCE
 - BE SAFE, BE FAST - ALWAYS

